

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## Louise Middlemiss

Has successfully participated & completed the

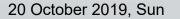
10km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

## **TIME** 01:58:04

**PACE** 11:48/km **OVERALL** 91 of 104

**GENDER** 47 of 57 **40 - 49** 12 of 16



Date

outLime

Signature